



**We would like to invite you to attend our
Forever...in *motion*
Rural Leader Meeting and Social Gathering**

**To be held at
Viscount Community Centre
102 Drake Avenue, Viscount, SK
on
Friday, May 1st, 2026
9:30 a.m. to 3:30 p.m.**

**Topic 1: Balance Progressions
Topic 2: Bone Health**

**Come for a wonderful day of learning, sharing,
fun & socialization!**

**The t-shirt samples will be on site. If you are interested
in purchasing, they are \$30.**

**Please bring a bagged lunch & water bottle
Snacks and refreshments will be provided!**

**Please RSVP by Tuesday, April 28th to Brenda @
306-655-2454 or by email
brenda.chomyn@saskhealthauthority.ca**